



## ***Behavioral Health Partnership Oversight Council***

### **Child/Adolescent Quality, Access & Policy Committee**

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**[www.cga.ct.gov/ph/BHPOC](http://www.cga.ct.gov/ph/BHPOC)**

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***Co-Chairs: Steve Girelli and Melissa Green***

**Wednesday, March 15, 2023**

**2:00 PM-4:00 PM**

#### **MEETING AGENDA**

**Join Zoom Meeting**

The Child/Adolescent Quality, Access & Policy is inviting you to a scheduled Zoom meeting.

Topic: BHP Child/Adolescent Quality, Access & Policy Committee Zoom Meeting

Time: Mar 15, 2023 02:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/91473159246?pwd=Rkx3N2JEV0htRmFzN3ZzSVFWMGFET09>

Meeting ID: 914 7315 9246

Passcode: 901013

One tap mobile

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+1 305 224 1968 US

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+1 929 205 6099 US (New York)

+1 386 347 5053 US

+1 507 473 4847 US

+1 564 217 2000 US

+1 669 444 9171 US

+1 669 900 6833 US (San Jose)

+1 689 278 1000 US

+1 719 359 4580 US

+1 253 205 0468 US

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 360 209 5623 US

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Find your local number: <https://zoom.us/u/acUkewCxro>

#### **1. Introductions**

#### **2. Comments and Discussion from February 2023 Meeting**

#### **3. Presentation on Youth Inpatient and Emergency Department Utilization-Daniel Langless, Director for Regional Network Management (Carelton) and Jackie Cook – Regional Network Manager (Carelton)**

- **Youth Inpatient Psychiatric Hospital (IPF) Utilization – Volume**
- **Youth IPF – Discharge Delay**
- **BH ED – “Stuck” Youth – Volume**
- **BH ED – “Stuck” Youth - ALOS**

#### **4. CAQAP Goals for 2023 (see attached draft revision)- Melissa Green, Committee Co-Chair**

#### **5. CFAC Update**

## 6. Other Business, Announcements, and Adjournment- Melissa Green, Committee Co-Chair

Purpose Statement: *This committee brings together family members, advocates, providers, state agencies, and other partners to maximize the combined impact of services and supports funded by Medicaid and managed by the Behavioral Health Partnership (BHP), and other grant funded services within the children's behavioral health service system. The CAQAP identifies and addresses key issues of concern to consumers and providers with a focus on enhancing quality and access to services. The committee reviews data that measure the effectiveness of the initiatives, policies, and services of the behavioral health system under the BHP and addresses the needs, strengths, and gaps in the behavioral health service system. The committee reports to the Council on findings and issues and makes recommendations within the purview of the Council's authority. The CAQAP, in collaboration with the Adult QAP Committee, also works through the Council to provide input to the State's plan for federal health care reform and other emerging mental health policy and program developments.*

**Next Meeting: Wednesday, April 19, 2023, 2:00 – 4:00 PM via ZOOM**

### REVISED DRAFT FOR DISCUSSION

Behavioral Health Partnership (BHPOC)

Child & Adolescent Quality, Access, and Policy Subcommittee (CAQAP)

2023 Goal, Metrics, and Presentations

**Goal: The CAQAP will receive presentations and monitor selected metrics on three broad (and interrelated) goals for behavioral health services and will make recommendations to the BHPOC for system and service delivery improvements.**

#### **\*Objectives (with suggested specific topics):**

- **Ameliorate Workforce Crisis:** impact on behavioral health services; resources available to mitigate impact; social determinants; **paucity of BIPOC service providers**; impact on workforce; long-term implications to the children's BH system; **obstacles to diversity in the workforce**
- **Increase Access to Behavioral Healthcare (i.e., the right service at the right time in the right location and at the right dose):** demonstrate need for increased access; barriers; health equity and other racial/ethnic/cultural factors; Medicaid population characteristics; SBHC/SBMH; telehealth; healthcare integration; lasting impact of COVID; workforce factors; **quality of services as a function of racial/ethnic/cultural factors; reducing outcome disparities; ongoing collaboration with BHPOC DEI Committee**
- **Reduce Emergency Department & Inpatient Utilization:** comprehensive overview of existing children's behavioral healthcare system; utilization data; contributing factors to utilization; impact on children/families; impact on other levels of care; promising remedies

**\*With recognition of causal links among the three problem areas/objectives. Specifically, the access issues are markedly exacerbated by the current workforce crisis (though to a significant degree workforce has always been an underlying issue with regard to access) and that limited access to services is a significant factor in overutilization of ED and Inpt levels of care.**

#### **Metrics**

The CAQAP will be guided by metrics selected to track to these three goals. When possible, data elements will be disaggregated by race, ethnicity, primary language; and secondarily to service area, ID/DD, diagnosis/presenting problem, DCF involvement, or other factors.

Metrics available and considered of primary importance to the CAQAP's goals

- ED Utilization
- Inpatient Utilization
- Availability/capacity/utilization of Intermediate Levels of Care
- Availability/capacity/utilization of Lower Levels of Care

### **Presentations**

A primary presentation (around one hour inclusive of questions and discussion) will be focused on one or more of the goals. Secondary presentations (around 30 minutes inclusive of questions and discussion) may also be scheduled. This secondary presentation will be generally relevant to CAQAP's charge even if not related directly to one of the goals. Possible presenters include Beacon, state agencies, providers, and other stakeholders. The list below is not exhaustive and is not yet prioritized and organized by theme.

- HUSKY 101: Process for accessing Medicaid services among enrollees
  - Health equity
  - Impact of workforce challenges on access
    - Licensure issues
    - Funding
    - Training
  - Impact of ECC expansion
  - DEI initiatives in behavioral healthcare systems
- Identifying and addressing access barriers, including racial/ethnic factors
  - Medicaid service utilization, population profile characteristics
  - School-Based Health Centers & School-Based Mental Health
    - Telehealth, current use and future role
  - Physical and Behavioral Health Care Integration
  - Long-term impact of COVID on children's behavioral health
  - Regulatory, paperwork processes that may be barriers to access